

The Downtown Clubs of Raleigh

present

A Slice of Life

Coping When a Healthcare Crisis Becomes Your Family Reality

Cardinal Club

Thursday, February 7th

7:45 AM -- 9:00 AM

Whether we like it or not, healthcare challenges will touch all of our lives. Meeting needs, managing time, and uncovering resources create new demands for patients and caregivers. Please join this discussion to give and receive information and insights focused on increasing confidence in the face of uncertainty.

Please **welcome Barbra Krasner, PhD** our moderator and facilitator for this interactive event and **Tovah Mitchell, Elder Law Attorney**.

This group provides resources and dialogue focused on the "slice of life" when health and medical issues cause everything to shift. The monthly meeting will feature the insights of both a guest resource person and the attendees, since all of us have some of the answers and none of us has all of them.

\$5++ for Members (non-breakfast club) \$9.95++ for Non-Members

Contact Person: virginia.clay@lcpproject.com or 919-691-3594

This program is for educational purposes. The information provided or gained is not intended to be used as individualized advice and is not a substitute for that advice. Attendees should seek advice based on the attendee's individual circumstances from independent tax, legal, accounting, financial, medical and other such advisors.

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**Living Another Kind of Normal When Health Changes
A Monthly Discussion and Resource Group**

**Reservations: (919) 834-8829
The Cardinal Club**